

SILK CITY STRIDERS

Year-End Announcements & Upcoming Events

As 2014 comes to a close and our Board of Directors complete their terms the Silk City Striders are accepting nominations for club officers including
President and Vice-President for 2015-2016.

We also have several open Board Member positions.

Thanks to Mitch Bielenda our outgoing 2014 President,
and former co-President with Rick Chromik in 2013.

Thanks also to John Sloan for continuing in his long-term role as Treasurer,
and to Mike Fromerth, who has served a multi-year term as Secretary.

It's also Time to Renew your Club Membership for 2015.

\$12.00 for individuals, and \$15.00 for families or households

We look forward to another great year of fun runs, races, and special events.

Thanks to our Race Directors

Bekkie Wright, Janit Romayko, MaryLou White and Mike Bendzinski
the proceeds from almost every Silk City Strider race
are donated directly to a [designated charity](#).

We rely on our club dues and volunteers to make each event successful.

2015 Race Schedule & Beneficiaries

Hoppin' Hodges Trail Run 5K – April 5th (Friends of Valley Falls)

Bobby's Run 8M – May 16th (RJ Bonadies Scholarship Fund)

Wickham Park Summer Grand Prix XC Series – July & August (MHS XC Teams)

Parker Holt Celebration Run 5K – November 7th (Prostate Cancer Foundation)

Know Your Pace Race – November 21st

Scrooge's Scramble 5K – December 25th (Cornerstone Foundation)

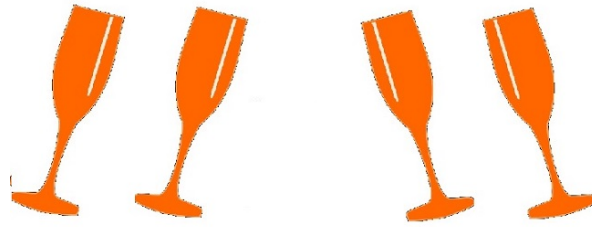
We also encourage you to support local races in Bolton
directed by club member Dani Kennedy:

Bolton Road Race – March 8th (Bolton Boosters)

Bolton Summer XC Series – Wednesday nights, June 24th through August 5th
(Bolton H.S. Track Team)

2015 Membership Form attached ... online renewals also available at

<https://www.signmeup.com/site/online-event-registration/59723>



NEW YEAR'S DAY - CHAMPAGNE RUN & BRUNCH - 10:00 am

The traditional Champagne Run, Brunch and Annual Silk City Striders Awards Ceremony will be held on **January 1, 2015 at 10:00 AM at Dorothy & Lee Paquette's home at 5 Garden Drive, Vernon, CT.** There will be several running routes to choose from. Please bring your favorite brunch item to share.

Directions to the Paquette's House: **5 Garden Drive, Vernon, CT**

(NOTE: GPS may find "Carolyn Dr." but not "Garden Dr." ... directions are below for your reference.)

From Manchester:

Take I-84 East to Exit 66 - Tunnel Road.

* Left off the exit on Frontage Road, Left on Bolton St., then Right onto Rt. 30 East.

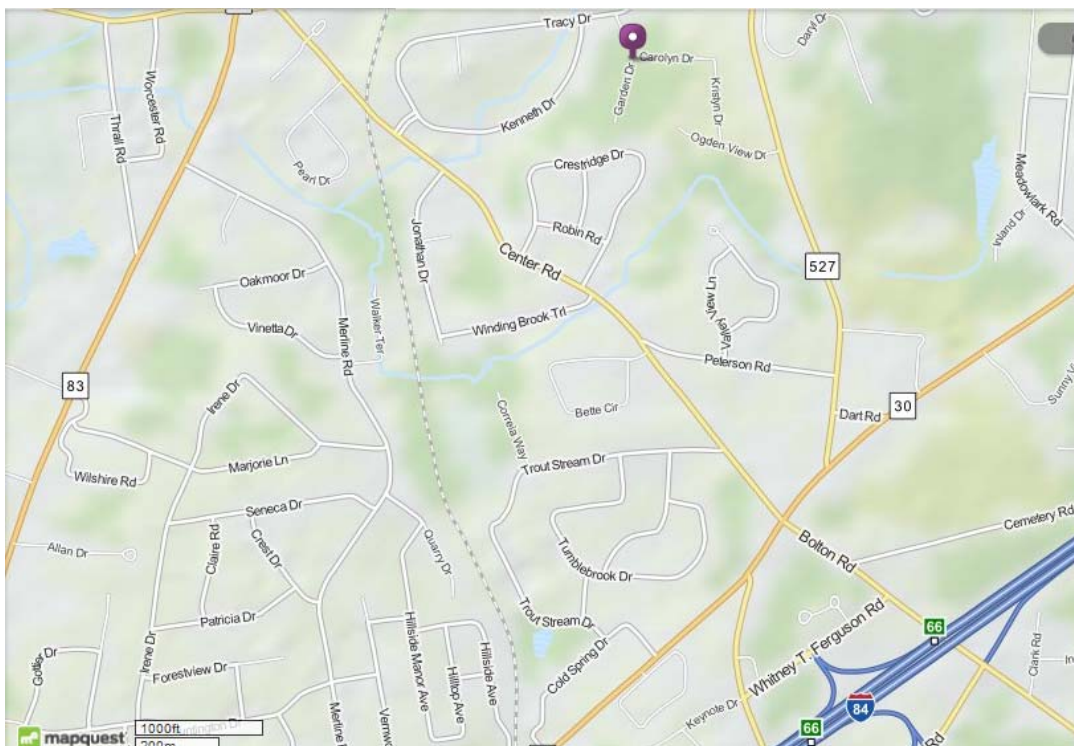
* Take a Left on West Street, where the Police Station is.

* Continue to just past the Garden Barn nursery ... and you will see a sign for "Ogden Brook Estates."

* Go Left on Ogden View Drive, Right on Kristyn Drive, Left on Carolyn Drive, then Left on Garden Drive.

* **5 Garden Drive**, a yellow house, will be on your right.

Park anywhere on the street.



SILK CITY STRIDERS – AWARDS NOMINEES

**Please send your nominees for our 2014 Awards to
WebMaster@SilkCityStriders.org.**

**Please include brief Candidate Bio
including the reason you believe this club member
should be nominated for the particular award
(Rookie, Comeback, Most Improved.)**

**Also, let us know if you have completed the
Eight County Challenge (8CC) or SILK CITY 700,
as we will be recognizing these achievements
along with the other Awards.**

**2014 Awards Ballot will be available on December 28th,
and winners will be announced
at the Champagne Run & Brunch on New Year's Day.**

“ROOKIE OF THE YEAR”

Awarded to a current SCS member with less than 3 years experience in competitive running, demonstrating outstanding improvement and enthusiasm for the sport of running.

“BEST COMEBACK”

Awarded to a current SCS member who has returned to competitive running this year after a layoff due to some type of set-back or injury.

“MOST IMPROVED” Male & Female

Awarded to a current SCS member, with 3+ years of competitive running experience, showing significant improvement during the last year, # of PRs, variety of PRs, dramatic increase in mileage or length of races, etc.